



Connecting for Kids

March 2019 Programs

All programs are free and open to the public; however, registration is required. Register online at connectingforkids.org/register, email info@connectingforkids.org or call 440-570-5908



You're not alone

Connecting for Kids (CFK) provides education and support to families with concerns about their child. We serve all families, including those children with and without formal diagnoses.

Learn more at connectingforkids.org

Program locations

- E** West River Branch of Elyria Public Library System, 1194 West River Rd., N.
- W** Westlake Porter Public Library, 27333 Center Ridge Rd.

Designed for your family

- Y** Families with young children (0-6 years)
- E** Families with elementary-aged children (7-12 years)
- A** All families with children (0-12 years)

Special thanks to

Elyria programs are supported by a grant from The Nordson Corporation Foundation.

Westlake programs are presented in partnership with Westlake Porter Public Library.

The Lorain County Resource Fair is co-presented in partnership with Leadership Lorain County.

Speaker Series

Join us for presentations on various childhood topics by local, pediatric professionals. Free, supervised children's activities are available, but adults and children must register separately. connectingforkids.org/speakerseries

Sensory Strategies to Build Every Child's Self Control and Competence **A W**

Join Meghan Barlow, PhD, of Meghan Barlow and Associates, and Christine Chambers, OTR/L, MEd, of Abilities First, LLC, as they provide practical tips that families can use to help children successfully navigate through their daily activities. Learn 'pregame' sensory strategies and activities for waking up and getting ready, handling unexpected situations, staying calm at social gatherings and more. This program is for typically developing children or children with developmental delays.

Friday, March 15, 11:30 am

How Play Therapy Helps Anxiety and Behavior **A E**

Join Tierney Payne, LPCC, of The Nord Center, as she models how families can use play therapy to help a child work through meltdowns, behavior problems, sleeplessness, anxiety and other issues. Not only can play therapy help improve these concerns, it can also strengthen the relationship between a parent and child. This interactive session will include examples for both preschool and elementary-aged children. Co-sponsored by Ready Set Go...to Kindergarten.

Thursday, March 28, 6:00 pm

Lorain County Resource Fair

Formerly known as Lorain County Special Needs Resource Day

This free public event will highlight providers from across Northeast Ohio, focusing on services for individuals (ages birth - 22). Event highlights include more than 60 organizations, free shuttles, free pasta dinner, and free Spanish translation. Pre-register and attend for a chance to win a \$100 Visa gift card.

Tuesday, March 12, 5:30 - 7:30 pm

John A. Spitzer Conference Center, Elyria

Visit connectingforkids.org/lorain-resource-fair for full details, including participant list.



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Coffee and Chat

Join our interactive support group and meet other families facing similar struggles. Free, supervised children's activities are available, but adults and children must register separately. connectingforkids.org/support

Food Allergies: Support and Resources **A W**

Whether your child is newly diagnosed with food allergies or you have been on this journey for years, we invite you to join Abby Glick, MD, of Northeast Ohio Food Allergy Network (NEOFAN) and other families as we discuss our experiences. We will share tips for dealing with food outside the home and managing family and friends who just don't understand. We will also discuss "25 Things Only a Food Allergy Parent Would Understand". Co-sponsored by NEOFAN.

Tuesday, March 5, 6:30 pm

Elementary ExperiencesSM

These hands-on training programs are designed for families and their children (ages 7-12 years) who are struggling. Families will learn targeted skills together and receive a handout with ideas and resources to use at home. Adults are expected to participate in the program with their children. Siblings (ages 7-12 years) may also attend but must register separately. connectingforkids.org/elementary

Managing Anger and Controlling Emotions **E E**

Does your child anger easily or get upset about seemingly inconsequential things? Is lack of control over his or her temper hindering your child's social skills, classroom behavior or ability to form lasting friendships? Wendy Lorince, OTR/L, of Cleveland Clinic Children's Hospital for Rehabilitation will help children learn how to manage their anger and take control of their emotions. Using the book, "What to Do When Your Temper Flares," as a guide, Lorince will lead families through a "Drivers Ed" session where she teaches children to be "good drivers" during fun, hands-on activities.

Saturday, March 30, Sessions begin at 1:00 pm and 2:30 pm

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